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## Workshop on Quantum Information in Quantum Many-body Physics October 18–21, 2011

## An information-theoretic view on thermalization

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How can the reversible dynamics of physical processes give rise to irreversible phenomena such as thermalization? I will reconsider this old question using modern tools from quantum information theory. In particular, I will show how recently developed techniques, such as the decoupling approach to quantum information, allow us to make quantitative statements about the thermalization properties of physical systems.

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